

Child and Adolescent Trauma Screen (CATS) - Caregiver Report (Ages 7-17 years)

Child's Name _____ Caregiver Name _____ Date _____

Stressful or scary events happen to many children. Below is a list of stressful and scary events that sometimes happen. Mark YES if it happened to the child to the best of your knowledge. Mark NO if it didn't happen to the child.

- | | | |
|--|------------------------------|-----------------------------|
| 1. Serious natural disaster like a flood, tornado, hurricane, earthquake, or fire. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Serious accident or injury like a car/bike crash, dog bite, or sports injury. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Threatened, hit or hurt badly within the family. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Threatened, hit or hurt badly in school or the community. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Attacked, stabbed, shot at or robbed by threat. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Seeing someone in the family threatened, hit or hurt badly. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Seeing someone in school or the community threatened, hit or hurt badly. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Someone doing sexual things to the child or making the child do sexual things to them when he/she couldn't say no. Or when the child was forced or pressured. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. On line or in social media, someone asking or pressuring the child to do something sexual. Like take or send pictures. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Someone bullying the child in person. Saying very mean things that scare him/her. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 11. Someone bullying the child online. Saying very mean things that scare him/her. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 12. Someone close to the child dying suddenly or violently. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 13. Stressful or scary medical procedure. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 14. Being around war. | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 15. Other stressful or scary event? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Describe: _____

Turn the page and answer the next questions about all the scary or stressful events that happened to the child.

Mark 0, 1, 2 or 3 for how often the following things have bothered the child in the last two weeks:

0 Never / 1 Once in a while / 2 Half the time / 3 Almost always

- | | | | | |
|---|---|---|---|---|
| 1. Upsetting thoughts or images about a stressful event. Or re-enacting a stressful event in play. | 0 | 1 | 2 | 3 |
| 2. Bad dreams related to a stressful event. | 0 | 1 | 2 | 3 |
| 3. Acting, playing or feeling as if a stressful event is happening right now. | 0 | 1 | 2 | 3 |
| 4. Feeling very emotionally upset when reminded of a stressful event. | 0 | 1 | 2 | 3 |
| 5. Strong physical reactions when reminded of a stressful event (sweating, heart beating fast). | 0 | 1 | 2 | 3 |
| 6. Trying not to remember, talk about or have feelings about a stressful event. | 0 | 1 | 2 | 3 |
| 7. Avoiding activities, people, places or things that are reminders of a stressful event. | 0 | 1 | 2 | 3 |
| 8. Not being able to remember an important part of a stressful event. | 0 | 1 | 2 | 3 |
| 9. Negative changes in how s/he thinks about self, others or the world after a stressful event | 0 | 1 | 2 | 3 |
| 10. Thinking a stressful event happened because s/he or someone else did something wrong or did not do enough to stop it. | 0 | 1 | 2 | 3 |
| 11. Having very negative emotional states (afraid, angry, guilty, ashamed). | 0 | 1 | 2 | 3 |
| 12. Losing interest in activities s/he enjoyed before a stressful event. Including not playing as much. | 0 | 1 | 2 | 3 |
| 13. Feeling distant or cut off from people around her/him. | 0 | 1 | 2 | 3 |
| 14. Not showing or reduced positive feelings (being happy, having loving feelings). | 0 | 1 | 2 | 3 |
| 15. Being irritable. Or having angry outbursts without a good reason and taking it | 0 | 1 | 2 | 3 |
| 16. Risky behavior or behavior that could be harmful. | 0 | 1 | 2 | 3 |
| 17. Being overly alert or on guard. | 0 | 1 | 2 | 3 |
| 18. Being jumpy or easily startled. | 0 | 1 | 2 | 3 |
| 19. Problems with concentration. | 0 | 1 | 2 | 3 |
| 20. Trouble falling or staying asleep. | 0 | 1 | 2 | 3 |

CATS 7-17 Years Score <15

CATS 7-17 Years Score 15-20

CATS 7-17 Years Score 21+

Normal. Not clinically elevated.

Moderate trauma-related distress.

Probable PTSD.

Please mark "YES" or "NO" if the problems you marked interfered with:

- | | | | | | |
|------------------------------|------------------------------|-----------------------------|-------------------------|------------------------------|-----------------------------|
| 1. Getting along with others | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 4. Family relationships | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Hobbies/Fun | <input type="checkbox"/> Yes | <input type="checkbox"/> No | 5. General happiness | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. School or work | <input type="checkbox"/> Yes | <input type="checkbox"/> No | | | |