Implementation of Behavioral Health in Primary Care

"What do I do now ?"

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Disclosures

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IMPLEMENATION

- Meet with your team and discuss plans for integration of a Behavioral Health Care in your office.
- Team should include administration, front desk, schedulers, nursing staff and all providers.
- Create a positive culture around caring for BH patients.
- Schedule a meeting with your coders and billing company.
- Engage your provider representatives from your local payers.

You need to lay the groundwork for practice transformation your TEACH training affords you.

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Implementation

- Utilize your EMR .
- Develop templates for BH visits; include time stamp and goals of therapy.
- Use your EMR to track your visits; will help with care coordination , pre-planning and advocacy.

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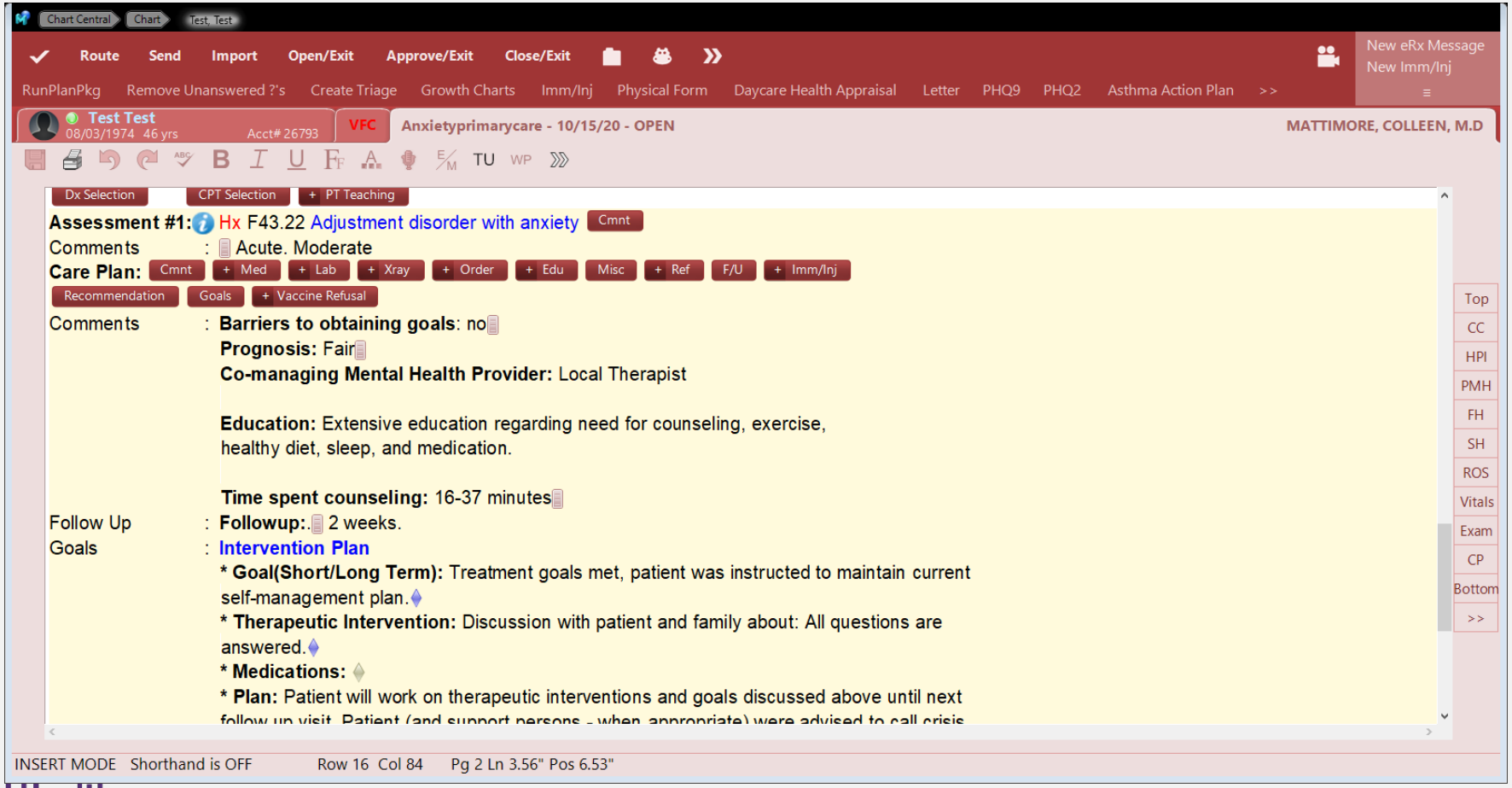
Implementation



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Implementation

- Schedule- allow adequate time for BH visits.
- Bring patients and families back for follow up; manage your schedule . Don’t try and do everything in one visit
- Utilize telemedicine , video visits (Doxy.me)

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Implementation

- Use the screening tools ! Have all screening tools ready in folders. Include their use in the am huddle.
- Keep Project Teach resources handy; remember warm lines for questioning.
- Don’t forget releases, use a specific release for mental health.
- Consider contracts (ADHD; medication management)
- Document CAP-PC consults (we use phone triage)

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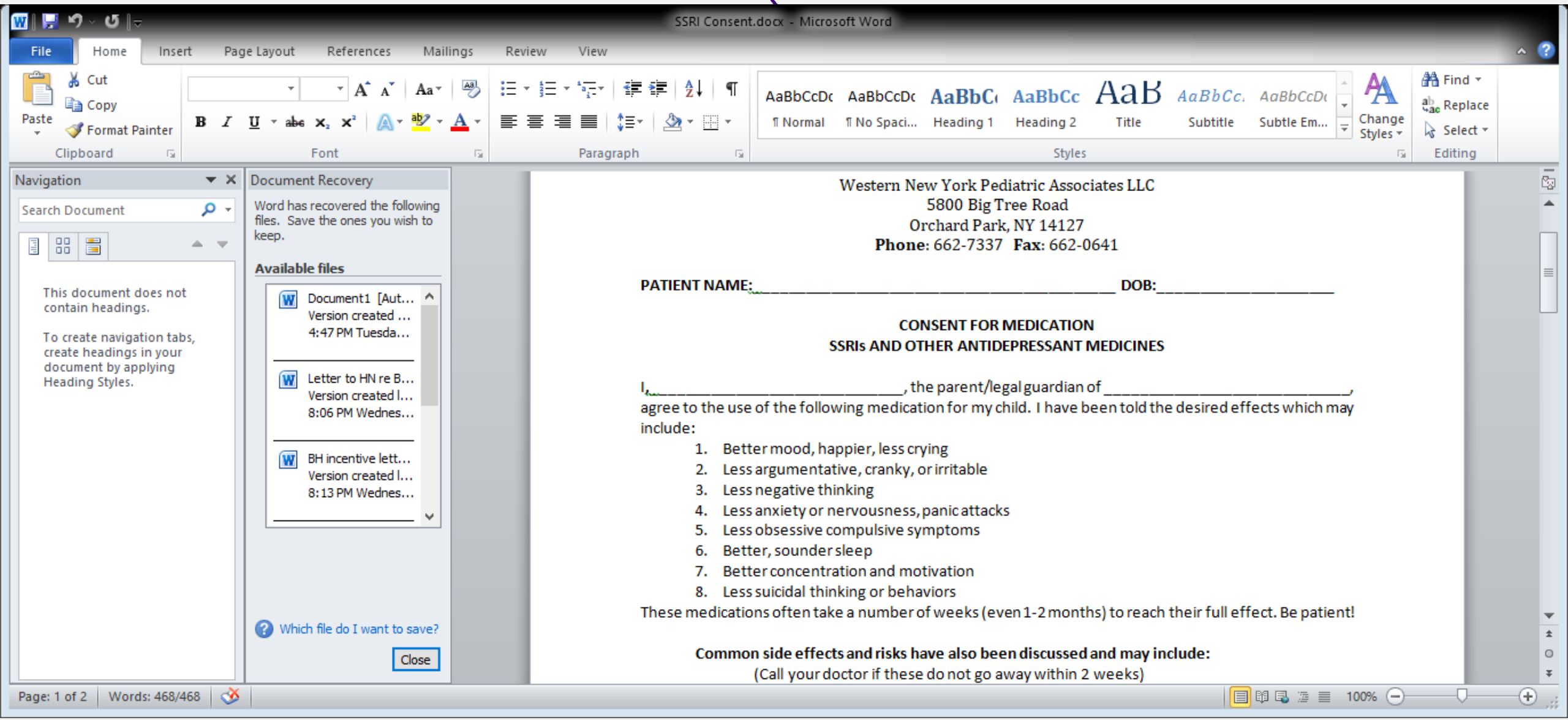

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Implementation

- Practice Models- Embedded Mental Health Providers.
- WNY Pediatrics- employs a LMHC on staff, FT
- Team based approach that has proven to be invaluable. A positive impact on cost of care and less stress on providers.
- Embraced by our patients and families
- See patients at POS ; “quick touches”, her own schedule for counseling and follow up and assists in linking families with counselors and therapists.
- We also have a therapy dog

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Implementation

- Advocacy- get involved !!
- American Academy of Pediatrics-Private Payer Advocacy.
- Pediatric Counsels – success in WNY with a Incentive Program around BH with BCBS
- VBP models/ Capitation in WNY

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Thank you !

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